AJ Case Management

...with you every step of your journey...

Case Management and Community Rehabilitation Services

Rachel Weston - Associate Case Manager

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- ✓ Health Care Professions Council
- ✓ British Association of Occupational Therapists

- ✓ Children
- ✓ Young Adults
- ✓ Adults

Specialism

- ✓ Rehabilitation
- ✓ PTSD/Trauma
- ✓ Autism
- ✓ Complex Care

Rachel is an Associate Case Manager working in partnership with AJ Case Management, serving Shropshire and surrounding counties.

As a qualified HCPC registered Occupational Therapist, Rachel holds a wealth of experience across the private, public and charity sector. With a passion for individualised, client centred working Rachel brings many clinical skills and expertise from her extensive clinical practice into Case Management.

Rachel holds experience of working within best practice guidelines and evidence based care within a range of clinical and community settings, including inpatient psychiatric services, CAMHS teams, Looked after Children, and the education sector. This broad range of experience has supported Rachel to ensure she is able to build positive and empowering relationships with a range of individuals who have accessed her services. Having attended training on Positive Behaviour Support Plans, management of behaviour that challenges, and Makaton communication tools, Rachel has strengths and effective skills in working with harder to reach clients.

Rachel has worked closely with those who have experienced significant psychological trauma, with a focus on support through, and recovery from, PTSD. Rachel has co-ordinated individual care within psychiatric settings, with a focus on individuals recovering from crisis, and reintegrating back into their community settings and roles. Within this Rachel holds a firm belief that integrated and multi-agency working is the best route to individualised and sustainable rehabilitation, and this is something she champions within her case management role.

With a special interest in Autism, Rachel has presented at conference, and delivered bespoke training packages. Working within the EHCP framework, Rachel has worked collaboratively with teaching staff, and families/carers, to ensure that pupils are able to participate and achieve their full potential within a learning environment.

Working with vulnerable clients Rachel has ensured she has maintained up to date working knowledge of safeguarding practices, Mental Health Act, Mental Capacity Act, and Deprivation of Liberty safeguards.

Rachel will be supported by the AJCM team including Administration support, Compliance Team and Registered Manager. This ensures that a team supports our clients and they can expect an excellent standard of care.