



Julia Meakin – Associate Case Manager - Midlands and Shropshire

Julia is a full-time Case Manager and has worked with AJ Case Management since July 2018. She works with adults and young people with complex needs living in Shropshire, the Midlands, and surrounding areas.

07525 774 408
01902 244 170

Julia.c.meakin@ajcasemanagement.com

- ✓ Brain Injury
- ✓ Spinal Injury
- ✓ Catastrophic Injury
- ✓ Amputations
- ✓ Orthopaedic

- ✓ Young adults
- ✓ Adults

Specialism

- ✓ Occupational Therapy
- ✓ Housing & Equipment
- ✓ Staff Development and Management

Julia qualified as an Occupational Therapist in 2012, having retrained whilst working as a Health and Social Care Commissioning Manager in the NHS.

Julia is an enthusiastic and caring professional with a commitment to client focused care. She has a unique skill set based on a career spanning Housing, Health and Social Care at both management and practitioner level. With a thorough understanding of the complexities of the NHS and Public sector, Julia has the ability to build relationships and work in partnership with individuals and organisations.

Julia is experienced in managing a complex caseload, her clients have a variety of needs including acquired brain injury, spinal injury, cerebral palsy, amputees, stroke, neurological conditions, and learning disabilities.

As an Occupational Therapist, Julia has experience of community based rehabilitation managing a large caseload taking a creative approach to solving problems; assessing, co-ordinating and delivering goal centred interventions, recommending adaptations/equipment and liaising with health, housing and social care professionals, the voluntary and private sector to meet client needs.

When working as a Commissioner in the NHS Julia had responsibility for contracts including Community Equipment Services, Wheelchair Services, Community Neuro Rehab, Stroke Association, Shropshire Headway and Severn Hospice. This involved her in the development of service specifications, performance management of contracts and service development. Julia has excellent organisation skills acquired from leading on service redesign across primary, community and secondary care in the NHS.

Julia has experience of managing a team, staff recruitment and delivering training. She feels strongly about the importance of her own personal and professional development as well as supporting and encouraging those around her to maximise their potential.

I have had the pleasure of working with Julia in supporting a brain injury client. I have found her to be extremely resilient, efficient and creative as a case manager. She has been instrumental in managing the client's care team as well as the client himself in setting goals and working towards achieving them. Julia has an excellent relationship with the client, their family and the client's support team, and I look forward to continuing to work with her in the future.

Kate Ormsby
Paralegal
Irwin Mitchell LLP

We first met Julia through AJ Case Management when she became involved with the running of our sons care package. Since then she has helped and supported us in numerous ways, from arranging visits with physiotherapists to "keeping us in the loop" with everything that is going on. Julia keeps in contact with us on a regular basis and is on the other end of the telephone if we need her. She is easy to talk to and if she says that she will do something then you can rest assured that it will be done.

We have great confidence in Julia, she is a great person to work with and we feel privileged that she is part of our team.

Parents of a Client

Julia has been our Case Manager for well over a year now and we have a good working relationship with her.

She is a very kind and hardworking lady.

She is brilliant at her job, she is always there when we need her help and she does her absolute best to sort out any problems we have.

We only have to call, email or send her a text message and she is there for us to help deal with any problems we have especially with the current situation of Covid 19 she gives us a call most days to see how we are and how we are coping and if there's anything we need

Parent of a Client

Julia has been case manager for my son for the past (not sure how long!), and we feel that she has always listened to any concerns and acted upon anything we have asked her to do.

She has always been friendly and approachable, and we have always felt supported by her.

Any issues that have needed to be dealt with (from recruitment to dealing with the Covid-19 pandemic) have been dealt with very effectively, and we feel very confident going forward with Julia as our case manager.

Parent of a Client

I have worked with Julia for a while now, and have found her very approachable, she is very skilled at gaining clients trust and effective at building an MDT, a real pleasure to work alongside.

Karl De-Loyde

Partner and head of Thompsons Solicitors Serious Injuries Midlands team.