



Rachel Knight - Associate Case Manager

Rachel is a senior occupational therapist working in Shropshire and the surrounding counties with over 25 years' experience working with children and young adults with complex disability. She has extensive experience working in independent day and residential education, school and college settings and in the community.

Rachel has managed multidisciplinary teams for over 20 years, working together to meet client's needs and is a holistic and creative practitioner with a passion for individualised, person centred care. She has an in-depth knowledge of the education system and experience of contributing to and managing provision in education health and care plans. She brings a wealth of experience from clinical practice into case management.

As well as working with children and young adults with complex physical disability Rachel has worked with young people on the autistic spectrum, with behavioural difficulties and those whose mental health is at risk. She is a skilled communicator and has trained in British Sign Language and counselling and has worked for many years with clients using Augmentative and Alternative Communication (AAC). Her skill set means that she is able to build good working relationships in situations where there are barriers to communication.

Rachel is passionate about working with the whole person, their family and friends to ensure best outcomes. She has been privileged to work with people over many years throughout their journey and been able to see clients grow, develop and achieve their goals. Rachel has joined AJ to continue to work on a long-term basis with individuals and their families.

Rachel is registered with the HCPC and is committed to maintaining up to date clinical practice and training. When not working as a case manager she follows her passions for horticulture and baking.

Phone Number 01902 244170

rachel.knight@ajcmassociates.com

- ✓ Brain Injury
- ✓ Spinal Injury
- ✓ Children
- ✓ Young Adults

Specialism

- ✓ Rehabilitation
- ✓ Complex Care

