

Jude Benharoch - Associate Case Manager



Jude is a highly experienced Occupational Therapist specialising in case management for adults and young adults with complex needs. She is based in Sussex.

Since qualifying in 2002, Jude has gained 20 years' experience working in the NHS, higher education, and private healthcare sectors. She is highly experienced in undertaking assessments, identifying needs, and working collaboratively to plan and coordinate bespoke care for her clients. She is highly competent working with clients who have experienced difficult life events, including recent injuries, trauma, and long-term health conditions.

Jude is described as personable, organised, diligent and resourceful. She prides herself on her relationships with her clients and their families and has an enthusiastic approach, utilising her advocacy skills to plan care that meets their individual needs.

Jude's areas of specialism include conditions that cause pain, fatigue, cognitive and functional difficulties. She has undertaken post graduate training in vocational rehabilitation and has a wealth of clinical experience that encompasses musculoskeletal, mental health and neurological conditions. She has both set up and led occupational therapy services within the NHS.

Jude is passionate about holistic rehabilitation which is focused on supporting clients to function at their optimal level. She is a strong advocate for the benefits of multidisciplinary working and has an in-depth understanding of the wide range of rehabilitation services available. In addition to her clinical experience, Jude spent several years working as a rehabilitation lecturer at Brighton and Sussex Medical School where she facilitated rehabilitation teaching for medical students.

Jude published her master's degree research in the British Journal of Occupational Therapy and regularly undertakes a wide range of learning activities to keep up to date with developments in the field of rehabilitation.

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- ✓ Adults
- ✓ Young Adults
- ✓ Amputees
- ✓ Polytrauma
- ✓ Orthopaedics
- ✓ Complex pain
- ✓ Spinal Injury

Specialisms

- ✓ Rehabilitation
- ✓ Vocational rehabilitation

